

**State
Mandated
Screenings**

Provided in School

Screening	Grade
Scoliosis	5 - 9
Vision	K-5, 7, 10
Hearing	K-5, 7, 10
Heights/Weights	1, 4, 7, 10
BMI Screening	1, 4, 7, 10

Physical Exams are required in grades **K,4,7,11**.

Since your family physician has a comprehensive knowledge of your child's health status, it is recommended that he/she perform the exam.

No child in Massachusetts should be without access to a primary healthcare provider.

Massachusetts offers free or low cost health and dental insurance for children up to the age of 19. For more information call the **Children's Medical Security Plan** at 1-800-531-2229 or your school nurse.

School Nurses

Maryellen Concannon, RN, MSN
R. Stewart Esten Elementary
 781-871-8439

Patricia Casagrande, RN
John Rogers Middle School
 781-871-8436

Deborah Franzen, RN
Memorial Pk. Elementary School
 781-871-8438

Beverly DiGregorio, RN
Jefferson Elementary School
 781-871-8437

Kathi Ryan, RN, BSN
Head Nurse
Rockland High School
 781-871-8411



**Rockland
Public Schools**

**School Health
Services...**

**Linking the school to
home and community**



"You cannot educate a child who is not healthy and you cannot keep a child healthy who is not educated."

Mr. John Retchless
Superintendent of Schools

School Health Services



The aim of the Rockland Public School Health Services is to promote healthy children, families and community through support and education. We do this by being an integral member of the educational team who assist children to develop to their full potential. We provide quality health services, teach disease prevention strategies, and promote healthy lifestyles.

The Role Of The School Nurse Includes:

- Provide acute and emergency care for students and staff
- Health counseling and education when needed
- Medication assessment and administration
- Conduct mandated screenings
- Data evaluation of immunizations and screenings
- Conduct immunization clinics
- Planned care for those students with special needs
- Communicable disease control
- Promoting environmental health and safety
- Providing resources to access primary healthcare services
- Provide linkage to community resources

Medication Policy

- The Rockland Public Schools Health Services encourages that medication be administered before and after school if possible.
- The school nurse will assume responsibility for dispensing all medication ordered by a physician. A physicians order and a parental permission form with the medication is needed before any medication will be given.
- Medication must be delivered to the school nurse by a parent, guardian, or responsible adult. The medication must be in a pharmacy or manufacturer labeled container. (medications are not accepted in such things as plastic bags)
- Please contact your school nurse for the proper forms which must accompany all medication.

Inhalers

If your child uses an inhaler in school, please leave one with the school nurse. This will avoid the child losing or forgetting to bring it in. Please see your school nurse for the proper medication forms.



Medical Services

Dr. David Belcher, MD serves as our school physician and as medical resource to the school nurses and our school community.

Kathi Ryan, RN, BSN
Coordinator of Health Services
52 MacKinlay Way
Rockland, MA 02370
781-871-8411
Fax 781-871- 8435

When Should Your Child Stay Home From School?

- If your child has a fever of 100 or above they should remain home for 24 hours after fever has resolved
- If your child is vomiting or has diarrhea they should remain home for 24 hours after symptoms resolve
- If your child has a contagious illness such as strep throat, flu or chicken pox
- If your child has red/pink eyes or has drainage from the eyes
- If your child has head lice or nits. In this case the child needs to be seen by the school nurse before returning to school
- If your child does not have proof of all required immunizations

Please Remember:

- If your child will be absent, please call the school.
- If your child is out of school for an extended period of time and/or under the care of a physician, please notify the school nurse.
- It is very important that you maintain communication with your school nurse.



When it is necessary to excuse your child from Physical Education, a written notification is required from both parent and physician. Written notification is also required to resume participation in Physical Education.

